Malvern Joggers Risk Assessment

Risk Assessment for Group Running during Covid 19

Assessed	Warwick Taylor
Location	All Areas
Persons at Risk	Members of the public
Review Frequency	Monthly
Review Date	22-Jul
Reviewer	Jamie Francis

Hazard Identification			Risk			Safeguarding & Protective Measures	Risk			Instructions/Information for use	Follow Up
Hazard	Who	Specific Causes	Likelyhood	Severity	Risk	Safeguarding & protective measures may require instructions	Likelihood	Severity	Risk		Who
Infection Transmission	All	Somebody in the group has the Covid-19 infection	3	5	High	The following groups of people must not participate in the run: 1. Anyone suffering with Covid-19 2. Anyone with Covid-19 symptons 3. Anyone who thinks they may have Covid-19 infection 4. Anyone self isolating or who is in the at risk group 5. Anyone who is shielding 6. Anyone with a member of their household who is showing symptoms	2	4	Medium	All participants are clear in advance whether they fall into this group.	Group Organiser
Hygiene	Runners	1. Wiping/touching face before/during/after run 2. Touching traffic light buttons, gates, barriers, fences, etc 3. Spitting/coughing/excess sweating during the run 4. Sharing water bottles	4	5	High	1. Runners should carry wipes/hand sanitiser and use before, during and after the run 2. Runners to use their own hydration before, during and after the run 3. Runners to avoid spitting on the run 4. Runners to avoid coughing in close proximity and towards other runners and members of the public 5. If prone to excess sweating on face, wear headband or buff 6.Create routes with minimal touch points (gates, traffic lights/buttons etc)	2	4	Medium	1. Runners to be aware of their responsibilities 2. List of recommended routes on the MJ website (strava routes)	All
Contact with Members of Public	Runners, members of public	Runs generally take place on roads, trails and walks on and around the Malvern Hills area which are used by the general public	3	4	Medium	1. Avoid busy or narrow routes 2. Avoid busy times of day 3. Runners should move aside well in advance of approaching other members of the public to ensure social distancing. This may mean stopping and should be done to ensure safety to all parties - i.e. running into the road with traffic	3	2	Medium	Plan route in advance	Group Organiser
Size of group	Runners	Too many people turn up for the run - maximun is 6	4	4	High	Groups need to be a maximum of 6 or less. If too many, group organiser needs to split into further groups with an additional leader. This is to be controlled by the group leader on the original run post on facebook.	1	2	Low	Group organizer control group size. If too many turn up, either don't run or split into further groups	Group Organiser
Reduced social distancing of the group during meet up	Runners	Forgetting to keep 2m social distance whilst preparing for the run	4	4	High	Remind all runners of social distancing at all times.	2	3	Medium	Group organiser reiterate social distancing rules at prerun briefing	Group Organiser
Reduced social distancing of the group during the run	Runners, members of public	Maintaining group pacing, running side by side, narrow footpaths, stiles, gates, moving away from a member of the public on the pathway	4	4	High	Remind all runners of social distancing at all times. When coming across members of the public, ensure proactive social distancing is done well in advance of passing them, and stop if necessary	3	3	Medium	Group organiser reiterate social distancing rules at prerun briefing	Group Organiser
Reduced social distancing of the group after the run	Runners, members of public	Forgetting to keep 2m social distance whilst chatting post run	4	4	High	Remind all runners of social distancing at all times	2	3	Medium	Group organiser reiterate social distancing rules at prerun briefing	Group Organiser
Safeguarding between group members	Runners	Somebody who wants to run who is not known to the club or group	3	5	High	Runs generally are with known friends/club members. If someone unknown wants to join the run, or a new club member, this should be referred to the committee to check who they are. Refer all runners to this risk assessment	1	3	Low	1. Group organiser - if in doubt, refer to the committee 2. Report issues to the committee	Group Organiser
Safeguarding on the run	Runners	Aggresive/anti social/inappropriate behaviour by members of the public to members of the group on the run	3	5	High	1. Leaders to report any issues to committee 2.Runners should run within guidelines as to not cause any reason for any issues with members of the public 3.. Group leaders may post the start point and timings, but not the specific route	1	4	Medium	Report any incident back to the committee directly	All